



## Instructions for Participating in the Photovoice Project

*Thank you for participating in 'The Role of Place in Health and Well-being for Rural Families'. This document contains instructions for participating.*

*Questions that arise at any point of the project can be directed to Jenny Whittaker, at [whittakerj@email.chop.edu](mailto:whittakerj@email.chop.edu), or by calling/texting 716-665-7447.*

### Step 1: Prepare

Before starting,

- You should have had a phone conversation with the project coordinator, Jenny, who explained the goals of the project and shared information on informed consent. If you did *not* have this conversation, please schedule this with Jenny by calling or emailing her.
- Please complete the online demographic survey that was shared with you following the initial phone conversation.

### Step 2: Take Photos

- Use either a cell phone or digital camera to take photos of your own life and community that answer any of the prompts below.
  - *What in your environment or community affects your health and well-being or your child's health and well-being?*
  - *What would you like to see changed in your community to improve your health and well-being or your child's health and well-being?*
  - *How has the covid-19 pandemic changed, helped, or hurt your health and the health of your children?*
- Keep in mind that the words 'environment' and 'community' are broad. They can include anything from housing, food access, job opportunities, transportation, access to stores and services, parks and recreation, environmental quality – **anything in your life** that you think has an influence on your physical and mental health.
- Remember to ask for permission before taking photos that include people who can be identified.
- Review the photos you have taken and select a maximum of ten photos that you want to share with the project team.
- You can take up to four weeks to take your photos.

### **Step 3: Share Photos with Project Team**

- When you have selected your ten photos, share the photos with Jenny by text message or email. Please include the zip code or town name where the photos were taken.
  - Optional: You can also include a title for each photo – you do not *have* to provide one unless you want to. This should be included in your text message or email.
- You will receive confirmation that we received the photos within two business days of submission.
- Jenny will reach out to select a time to discuss the photos on the phone.
- At this point, you will receive a compensation gift card pre-loaded with \$75.

### **Step 4: Have a Phone Conversation**

- Jenny will confirm the date and time of your conversation. A reminder will be sent two days before the conversation.
- Please allow around 45 minutes to participate.
- Jenny will call you at the designated time.
- Questions will include topics like:
  - What is the context for this photo? What is happening in the photo?
  - Can you share why you chose the photos you selected? What stories are you trying to tell with the photos?
  - How does this story connect to your health? To your child's health?
  - How would you want the scene in the photo to change in the future?
  - How has (or not) the COVID-19 pandemic effected the place you chose?
- During this conversation, Jenny will confirm how you want each photo to be shared – identifiable or anonymous?

### **Step 5: Wrap Up**

- After the phone conversation, you will receive a copy of the form documenting if you would like to remain anonymous or identifiable.
- You will receive an additional compensation gift card pre-loaded with \$75.
- Six to eight months later, you will receive a link to a private password protected website where your photos and stories are shared in a story map. You will have approximately 1 month to review the website and ensure you are happy with how your story is shared. During this time, any edits can be made by the project team to make sure you are happy with the result. When you are satisfied, the website will become publicly accessible.
- Around this time, you will also receive a write-up of the project sharing the overall results of how participants from across the state participated.

### **Frequently Asked Questions**

*Q: Can I submit ten photos of the same place/event/person or does each photo have to be a unique subject?*

A: You can choose either option. You can take multiple photos of the same place/event/person in order to develop a larger story or you can choose to take photos of ten different places and events.

*Q: Can I submit some photos that I have taken in the past that I feel answer the prompt well?*

A: Yes, you can select photos you have previously taken as long as they align with the prompt and you want to discuss them.

*Q: Can I submit photos as soon as I take them?*

A: No. Please wait until you have assembled all ten photos before sharing them with Jenny.

*Q: How do I select only ten photos to share?*

A: Consider what each photo is communicating and how that relates to the stories you want to share. Consider which themes stand out and which stories you think are most important for others to know.

*Q: Is the phone conversation a quiz? What is the point of it?*

A: The phone conversation is an opportunity for you to share your thoughts about the process and why you selected your photos. It's an opportunity to share the context and stories that can't be told just from viewing the photos. There's no wrong answers in the conversation. We just want to hear your story and perspective.